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# AFOS 2027

**INTERNATIONAL SCIENTIFIC CONGRESS**

## Strong Bones, Healthy Joints

*Advancing Osteoporosis and Osteoarthritis Care in Asia*

**10–11 SEPTEMBER 2027 | HOI AN BEACH RESORT | HOI AN, VIETNAM**



**IN ASIA, FOR ASIA**

Two days of scientific exchange, clinical advances and collaboration across the Asian bone and joint health community.

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# Why AFOS 2027?

Convened by the Ho Chi Minh City Osteoporosis Society, a member of the Asian Federation of Osteoporosis Societies (AFOS).

The AFOS Scientific Meeting is held every two years. Following AFOS 2025 in Bangkok, the meeting comes to Vietnam, bringing together clinicians, scientists and healthcare professionals from Asia and beyond.

Asia, including Vietnam, is ageing rapidly. Osteoporosis, fragility fractures, osteoarthritis, sarcopenia, falls and loss of mobility increasingly affect independence, quality of life, families and healthcare systems.

Patterns of disease, risk factors, access to care and health resources vary considerably across Asia. Evidence from one population cannot always be applied directly to another.

**We need more scientific evidence generated in Asia, for Asia.**

# Scientific themes

How can effective treatments reach the people who need them? How can care shift from treating established disease towards risk prediction, prevention and healthy ageing?

- Bone-forming therapies for osteoporosis
- Hormone replacement therapy: current evidence in osteoporosis
- GLP-1 receptor agonists and osteoarthritis
- Non-pharmacological management of osteoarthritis
- The relationship between osteoporosis and osteoarthritis
- Fracture risk assessment in Asian populations
- Artificial intelligence in osteoporosis and osteoarthritis

AFOS 2027 will showcase research conducted in Asian countries on Asian populations and encourage collaboration across countries, disciplines and generations of researchers.

## Leading experts across Asia

AFOS 2027 plans to bring together more than 20 leading experts in osteoporosis, osteoarthritis and musculoskeletal health from Vietnam, Thailand, Malaysia, Indonesia, the Philippines, Singapore, Myanmar, China, Laos, Cambodia, Nepal, India, Australia and other countries.

Invited experts will share new findings, clinical experience and approaches to prediction, prevention, diagnosis and treatment. Diverse perspectives will help identify solutions better suited to Asian populations.

Beyond scientific updates, the meeting aims to strengthen regional research networks and stimulate multinational studies.

## See you in Hoi An

A scientific meeting is also shaped by conversations between sessions, over coffee and around the dinner table. These encounters create opportunities for colleagues with different perspectives to discover shared interests.

On Vietnam's central coast, Hoi An brings together history, culture and the sea. Hoi An Beach Resort provides a setting for focused scientific sessions, renewed friendships and new collaborations.

We warmly invite clinicians, scientists, healthcare professionals, policymakers, postgraduate students, trainees and everyone interested in healthy musculoskeletal ageing to join us.

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## Partner with AFOS 2027

AFOS 2027 welcomes participation and partnership from the pharmaceutical, biotechnology, medical device, diagnostics and health technology industries.

Industry engagement will help connect research, technological innovation and clinical practice, with the shared goal of improving bone and joint health across Asia.

Further information on sponsorship, exhibition and partnership opportunities will be announced soon.

## Mark your calendar and join us in Hoi An!

Two days of scientific exchange, new discoveries and international collaboration.

**Registration and scientific programme details will be announced soon.**

**Strong Bones, Healthy Joints**
Advancing Osteoporosis and Osteoarthritis Care in Asia

**10–11 September 2027 | Hoi An Beach Resort, Vietnam**

## Congress Chairs

Distinguished Professor Tuan V. NGUYEN

Associate Professor Thu Anh LE

## Advisory Board

Associate Professor Tri V. NGUYEN

Associate Professor Khoa D. NGUYEN

Associate Professor Hung D. VU

Associate Professor Lan N. T. NGUYEN

Associate Professor Thuy T. VU

## Secretary-General

Dr. Khoa V. HUYNH

## Chairs, Scientific Commitee

Distinguished Professor Tuan V. NGUYEN

Associate Professor Thu Anh LE

## Chair, Social Events

Dr. Khoa V. HUYNH